

## **Body Memory Reset (BMR)**

### **Introduction:**

Body Memory Reset (BMR) Therapy is based on our own advanced theories of body function combined with the latest cutting edge electronic laser & light technology. We do recommend that a quality diet, moderate exercise and real food nutritional program be used by everyone for their overall health. However this is just a small part of the BMR program. Consider BMR therapy as an information delivery system for the body designed to clear flaws in its memory in order to improve body function, a true form of natural energy medicine.

### **Patient specific care:**

BMR therapy is very specific to each patient yet it is not based on patient symptoms or diagnosis. This is by far the most difficult part of the BMR therapy to grasp. So, to put it in terms we can understand; Take 3 different multi story buildings that are 100 plus years old. They all have different problems on the upper floors and you are put in charge of restoring them. Where do you start? The obvious answer, restore and level the foundation. Once this is accomplished it is amazing how many of the different upper floor problems go away on their own. Then the small amount left is easy to repair and the corrections are long lasting. It is simple common sense how one correction can solve many different conditions in buildings. So, why does common sense go out the window when we talk about health care. The body is no different. We can suffer from many different symptoms and conditions, but the solution should be to restore and balance the foundational components of health. We call these the basic causes of health. Once accomplished the major symptoms are usually resolved by the body and the symptoms that remain are usually minor and can be addressed with ease. The BMR therapy is designed to restore health, not to chase symptoms. Yes we do target specific symptoms, but only later in the treatment program when the body is capable of supporting this treatment.

Since the BMR therapy is not related to a specific diagnosis and utilizes Low Level Laser, reflexology and homeopathy, it is classified as experimental by the insurance industry. Because of this there are no procedure codes assigned to this form of therapy which means it is not eligible for reimbursement from insurance companies. This in many ways is a blessing for the natural health care provider. Since this therapy is not a covered health care expense, then it is also not controlled by the federal government under the new health care reform act. This keeps the doctor patient relationship intact and separate from insurance and government agencies.

### **Our opinion as to how the body works:**

The body is managed and run subconsciously and we have very little control over it. Our pulse, blood pressure, digestion, etc. run automatically by programs contained in our memory. There are millions of these unconscious functions and programs, which maintain our life and health that run continuously in the body.

Our brain, even though it is much more complex, works similar in many ways to a computer. They both store data and programs in memory that are accessed and used automatically as needed. Just like computers our brain also stores base line information about ourselves that remembers who and what we are. These set memory patterns may be very hard wired; such as the shape of our nose. They can also be programs that change as needed, like digestion or organ functions.

### **Our opinion as to how the body becomes ill:**

Your computer is constantly recording the information you type into the computer's memory. Similarly, when the body receives information from any one of our five senses it is recorded in the body's memory. Occasionally, in both the computer and your brain this memory is not stored properly. Amazingly, the causes can be very similar; such as trauma or an invasion of toxic foreign substances. In either case the information that was stored has now been corrupted and the program or memory will no longer run or be recalled properly. When this happens to your computer it just locks up and quits. Fortunately, our brains were designed much better than computers, so we don't die every time an error occurs. Our body just takes this error and incorporates it into the system as part of a "new memory" or "new operating system" and keeps on running. Unfortunately, this "new operating system" is flawed so every time this occurs to a program that controls any one of our millions of bodily functions a percent of our health is lost. Imagine a computer that has a flaw that records a 9 as an 8. Now imagine that computer managing your bank account. In the same way errors in your neurological programs can cause similar body dysfunctions. We call this "Dis-ease".

Only the memory that changes or memory that is overwritten is subject to corruption in this fashion. Memory that is never overwritten; such as your finger prints are not usually subject to corruption, so they should never change. I leave this area open a little because today we are subject to everything from ionizing radiation to genetic engineering

of our food sources and even many of our cosmetics and daily health care products and medications are designed to alter the genetics of our cells. DNA, which was once thought of as unchangeable or incorruptible is being manipulated today like a cook in his kitchen manipulates his recipes. The bad news is no one really knows the long term dangers of these acts, but I can almost guaranty they will not be good. The good news is that if genetics can be altered or damaged this easily, then it is not unreasonable to think it can be corrected. I doubt that these corrections can be obtained by the same toxic drugs and influences that caused the corruption in the first place, but I have seen recent research that suggests genetics can be corrected through true natural energy medicine.

### **Our opinion as to how the body heals itself:**

The technology to fix your computer is rather simple. On the contrary, the technology to fix your brain does not and may never exist. The only technology sophisticated enough to fix your brain is your brain itself. We just need to stimulate this mechanism of correction. How this is done, no one really knows for sure, but there are hundreds of procedures that attempt to accomplish it. If the procedure is called "rehabilitation" or "retraining" they are trying to restore damaged memory. "Neuroplastic" is a technical term which describes the ability of the brain to change or learn. A neuroplastic environment in the brain is when the chemistry and environment within the brain is the most efficient for learning or making changes. Unfortunately this can be for both good and bad changes. Where all rehab techniques work to some degree they do not place the brain in a neuroplastic environment, which makes the corrections slow and difficult. Trauma causes an immediate neuroplastic environment within the brain, which is why memory corruption that occurs during injury is quick and long term. The most efficient way of producing a neuroplastic environment for correcting errors is with Low Level Laser Therapy (LLLT), which makes this the ideal foundational technology for placing the brain in a healing or correcting environment.

BMR is a series of very precise protocols, which include homeopathy, frequency therapy, organ and structural reflexes all activated by precise LLLT stimulation in an attempt to first place the body in a learning environment and then to deliver the information the body needs to correct this corrupted information. When successful, this dramatically changes the body's functions and may lead to not only an improvement in your current symptoms, but a significant improvement in long term health and well being.