

Education

The antidote for confusion

**“The literature available on light therapy is not only confusing but contradictory”
(Basford, 1993)**

So why is the literature so confusing when it comes to light therapy? We usually turn to science to clear the confusion and contradictions but apparently, in light therapy, that is where it begins, or so it seems. Actually the literature is not as confusing or contradictory as it may seem but individuals that profit from your confusion perpetuate the confusion by misquoting science and taking facts out of context. The truth is that light therapy is not contradictory or confusing but extremely complex and continually changing as true science continues to research the subject. The more science learns the more we know just how little we do know. Couple this with an industry that benefits from ignorance and misunderstanding from its users and you truly have total confusion.

We at LazrPulsr System promote an educational system to clear as much of this confusion as possible for our users and readers. We set standards for definitions of light therapy related terms based on Standard English language and Medical dictionaries. We also try to explain the known differences in light and how those differences are known to have different effects on the body. We even try to tackle the most difficult job of explaining frequency therapy. Education is the best antidote for confusion and the key to freedom regardless of the subject where as ignorance will always make you a potential victim.