### General Instructions and Recommendations for the Mk 7 Neuro Disorders Protocol

This Protocol was designed for all neurological disorders, including but not limited to:
- Traumatic Brain Injuries
- Emotional Traumas
- OCD
- All Mental Illness
- Schizophrenia
- Epilepsy
- Hyperactivity
- etc.

We recommend that this procedure be performed at 2 to 3 visits a week.
This laser protocol should be repeated 1 time a year for several years or as needed.

**Nutritional Recommendations:** (Most all nutrients are from Standard Process labs. Use same or equivalent products for best results.)

- **Inositol:** 2 tabs 2 times a day for 6 weeks, then one a day thereafter
- **Zymex:** 2 caps 2 times a day for 6 months, then 1 a day thereafter
- **Tuna Omega oil:** 2 perles 2 times a day for 6 months, 2 each morning thereafter
- **RNA:** 2 tabs 2 times a day for 2 months, 1 each evening thereafter
- **B6 Niacinamide:** 6 tabs 2 times a day for 6 weeks, then 2 tabs 2 times a day for 6 weeks, then 2 each evening thereafter
- **Li-Zyme:** 1 tab at lunch forever (this is from Biotics Research Corp. or any quality Phytochemically bound Lithium product.)

**NO DIET SWEETENERS!! Not even Stevia of any form**

**Highly Recommend:** That you take the recommended Nutritional Support following this procedure as recommended in the Nutrition Brochure.