

Part 2 - Natural Energy Medicine (defined)

Light Therapy or Something Much More?

Definitions of terms utilized in this article:

Informational Medicine: Informational medicine is any type of health care that has a beneficial effect on the internal information of the body, either delivering missing information or managing corrupted information. The term informational medicine is a general term that applies to all the types of care that make up Natural Energy Medicine.

Natural Energy Medicine: This describes a health care system, not just one type of therapy. There are many types of informational medicine such as natural LLLT, frequency therapy, homeopathy, nutrition, just to name a few. But when you combine multiple types of informational medicine together you create a form of Natural Energy Medicine. Ideally you should then define your form of Natural Energy Medicine by describing the types of Informational therapy that it is made from.

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Natural Energy Medicine is not about delivering a physical/mechanical, chemical or thermal stimulus but managing and delivering information. Therefore True Natural Energy Medicine should be able to:

- Deliver information that is missing from the body,
- Restore corrupted information in the body,
- Improve the communication of information within the body,
- Re-establish communication between cells and tissues of the body,
- Help reorganize memory that was stored incorrectly,
- And even improve the body's ability to learn and remember.

Providing a mechanical, chemical or thermal stimulus not only requires a physical component but also requires a significant amount of energy. However, just like transferring files in your home computer, delivering and managing information requires a very low amount of energy and when delivered correctly is usually permanent, or at least until it becomes corrupted again. So remember that more power is not beneficial in Natural Energy Medicine. Natural Energy Medicine is all about using the least amount of power with the greatest amount of precision.

Previously we stated that Natural Energy Medicine was a much better term to describe today's true natural laser light therapy. So how do we define each word of "Natural Energy Medicine"?

Natural:

We have two basic forms of health care. We will call the first one Natural or a form of care that delivers a physiological dose of care. The second is Allopathic or first aid or a form of care that delivers a pharmacological dose of care. They are totally different forms of care but both are essential. They are easily differentiated by their toxicity. A natural form of care is not toxic where allopathic or first aid is always toxic and by definition potentially damaging to the body. The reason

for this is also simple. A natural form of health care will change the function or physiology of abnormal tissue but has no effect on normal healthy tissue. Allopathic care will change the function or physiology of all tissue, abnormal and normal. The next question is when to use each form of care. Your body requires first aid care or a pharmacological dose of care when it loses the ability to maintain **LIFE**. But it requires a Natural or a physiological dose of care when it loses the ability to maintain **HEALTH**.

The confusion lies in the fact that care that saves your life usually sacrifices a percentage of your health. So continuing care that saves your life will usually never return your health and may even eventually take your life. So knowing what form of care to utilize and when each is needed is vital for any health care provider.

Energy:

There are many forms of energy health care. However in natural energy medicine we must exclude all forms of energy medicine that does not meet the definition of NATURAL. So where X-Ray radiation therapy is energy medicine it is certainly not natural. Neither does infrared radiation from LEDs or LASER qualify as natural as it heats all tissue and does not differentiate between normal and abnormal tissue. Almost all electrical, sound, and EMF stimulation units fall into allopathic therapy as they impose the same stimulus on all tissue, not just abnormal tissue. Energy therapy that meets the definition of Natural is somewhat rare.

635nm laser light delivered at less than 5 mW does fit the definition of Natural as it has significant stimulation to all abnormal or pathological tissue and has virtually no effect on normal healthy tissue. Why, because this form of light is not intrusive and acts similar to nutrition. The abnormal tissue readily attracts and utilizes this energy to help heal itself where normal tissue does not need this energy and easily disregards it without being effected.

635nm laser light delivered at low levels, less than 5mW of power, is probably one of the two purest types of informational medicine. The other being quality whole organic food. There are many other types of informational medicine but most of these therapies can also become allopathic forms of medicine depending on how they are utilized. For example: Frequency therapy used as Royal Rife described is a pure allopathic form of therapy whereas frequency therapy used as described in natural energy medicine is a pure natural physiological dose of medicine. Therefore an understanding of the therapy and how it is utilized must be taken into consideration when you select each type of therapy.

Medicine:

Medicine is not what you purchase in a little bottle at the drug store! Medicine is defined as a **science** and **art** dealing with the **maintenance of health** and the **prevention**, alleviation, or cure **of disease**. The definition includes the terms alleviation or cure, however we all know that only the patient's own body has the ability to cure or alleviate disease.

Remember that there is no right or wrong health care systems. The correct question is what type of health care are you interested in practicing. I have great respect for the allopathic health care system, after all, many of us including myself would no longer be alive to utilize natural health care without them. However, I myself have been a practicing Chiropractor since 1975 when I graduated from the same chiropractic college as my father graduated from 22 years earlier, along with several uncles and cousins. So it is no surprise that the light therapy that I prefer to practice is well defined above as "Natural Energy Medicine".

I need to again emphasize that Natural Energy Medicine is not just Laser therapy. It is a combination of several forms of powerful natural informational medicine combined together with Low Level Laser to create an unbelievable health care system that is truly the health care of tomorrow.

The following articles will cover the different types of informational medicine and how they work together to form a complete Natural Energy Medicine health care system.

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