

Traumatic Stress Recovery

When we talk about Traumatic Stress we usually think of something like (PTSD) Post-Traumatic Stress Disorder usually following significant trauma related to military combat. Even though this therapy protocol should play a vital part of any therapy program for a patient with PTSD, this therapy protocol was developed for much more than just PTSD. This therapy protocol was designed to help everyone manage their stress and improve their overall health as a result.

Stress related health conditions are systemic in our country today. If you talk to health care professionals that study the causes of illness they almost all agree that the underlying causes to most illness is chronic stress. Stress undermines the physical body and diminishes the immune response, causes chronic inflammation, fatigue, damages the hormonal system and causes general loss of health. These health issues can result in the inability to properly relate to others especially loved ones, fatigue and/or depression, inability to maintain proper focus during any activity thereby effecting their work, interfering with proper sleep, causing addictive tendencies and so on.

All stress is traumatic to the body regardless of its severity. Mild stress that is constant for many years is usually more devastating to your health than a major acute short term stress incident. When you consider the current lifestyle of the average American the stress load that we all endure every day is many times more than what our parents and grandparents grew up with. Not only is the world getting smaller and turning faster we are exposed to so much more of the stressful components of this world thanks to the dozens of 24 hour news channels all looking for something stressful to broadcast. This continuous stress load is cumulative on the body and reduces our ability to maintain our health and properly respond to traumas both physical and emotional.

Since stress for most of us is a continuous part of our daily life it is something that should be treated as a daily threat to our health. All of the health care protocols that we have developed for the Mk III Therapy System such as the Brain-Health Longevity, the GMO Detox and even the General Health protocol all have a stress component built into them and will help you to manage everyday stress. However, occasionally we all need to address stress, especially traumatic stress directly. This protocol has been designed to directly treat all the components involved in managing stress in the body. For some individuals they may only need to perform this protocol every couple of years whereas others may have to perform this protocol much more often. This depends on the overall health of the patient and how often trauma induced stress occurs in our life. One thing is for sure, any time you are subject to a traumatic injury either physical and/or emotional this protocol will play a vital role in your recovery.

This not only goes for humans but our animal friends as well. All animals are exposed to stress and have similar reactions to that stress just like we do.

Dr. Gerry Graham III
President: LazrPulsr System

Mk III Home - Treatment Record ~ Traumatic Stress Recovery Ver: 08/01/14

Patient Name _____ Number _____

Day #1 ____/____/____ (116 minutes) ___#007 Headache – On Right Side Head 1 time (36) ___#032 Flu / Virus – On Right Ear AM 1 time (40) ___#032 Flu / Virus – On Right Ear PM 1 time (40)	Day #10 ____/____/____ (40 minutes) ___#016 Emotional Stress – On Back of Head 1 time AM (20) ___#016 Emotional Stress – On Back of Head 1 time PM (20)
Day #2 ____/____/____ (96 minutes) ___#007 Headache – On Right Side Head 1 time (36) ___#018 Ear Health – On Right Ear 1 time (60)	Day #11 ____/____/____ (40 minutes) ___#016 Emotional Stress – On Back of Head 1 time AM (20) ___#016 Emotional Stress – On Back of Head 1 time PM (20)
Day #3 ____/____/____ (96 minutes) ___#007 Headache – On Right Side Head 1 time (36) ___#018 Ear Health – On Right Ear 1 time (60)	Day #12 ____/____/____ (40 minutes) ___#016 Emotional Stress – On Back of Head 1 time AM (20) ___#016 Emotional Stress – On Back of Head 1 time PM (20)
Day #4 ____/____/____ (96 minutes) ___#007 Headache – Under Chin 1 time (36) ___#018 Ear Health – On Right Ear 1 time (60)	Day #13 ____/____/____ (150 minutes) ___Protocol Card Sensitivity 1 time (150)
Day #5 ____/____/____ (96 minutes) ___#007 Headache – Under Chin 1 time (36) ___#018 Ear Health – On Left Ear 1 time (60)	Day #14 ____/____/____ (150 minutes) ___Protocol Card Sensitivity 1 time (150)
Day #6 ____/____/____ (96 minutes) ___#007 Headache – Under Chin 1 time (36) ___#018 Ear Health – On Left Ear 1 time (60)	Day #15 ____/____/____ (150 minutes) ___Protocol Card Sensitivity 1 time (150)
Day #7 ____/____/____ (100 minutes) ___#018 Ear Health – On Left Ear 1 time (60) ___#016 Emotional Stress – On Right Side Head 1 time AM (20) ___#016 Emotional Stress – On Right Side Head 1 time PM (20)	Day #16 ____/____/____ (150 minutes) ___Protocol Card Sensitivity 1 time (150)
Day #8 ____/____/____ (76 minutes) ___#016 Emotional Stress – On Right Side Head 1 time AM (20) ___#035 West Nile – On Right Ear 1 time (36) ___#016 Emotional Stress – On Right Side Head 1 time PM (20)	Day #17 ____/____/____ (150 minutes) ___Protocol Card Sensitivity 1 time (150)
Day #9 ____/____/____ (76 minutes) ___#016 Emotional Stress – On Right Side Head 1 time AM (20) ___#035 West Nile – On Right Ear 1 time (36) ___#016 Emotional Stress – On Right Side Head 1 time PM (20)	Day #18 ____/____/____ (150 minutes) ___Protocol Card Sensitivity 1 time (150)

General Instructions and Recommendations for the Mk III Traumatic Stress Recovery Procedure

Hold Magnetic strip on Sensitivity Protocol card during entire procedure – day 13 – 18

NO DIET SWEETENERS!! Not even Stevia of any form.

Follow all directions exactly as instructed on Treatment Record.
 If time does not permit you may extend any procedures into multiple days.