

Whiplash

Whiplash is probably the most misunderstood condition of all time even though it is one of the most common conditions that you will see in your office.

Whiplash is not an occurrence but a degenerative process. The greatest risk of whiplash injury is during a rear impact collision at speeds between 7 to 12 MPH with little to no visible damage to either of the vehicles.

Symptoms may include Headaches, neck and shoulder pain, low back pain, and any number of neurological deficits. They may occur quickly and dissipate in a couple of weeks or may not occur for up to 6 months. Either way they can develop into very chronic injuries and pain syndromes.

The injuries that occur may include Multiple forms of TBI (Mild Traumatic Brain Injury) ,TSI (Mild Traumatic Spinal Injury), ligament subfailures of Cervical spine, neuroemotional complexes, Neuroendocrine dysfunctions, and any number of other multiple miscellaneous injuries. Seldom can doctors find the injuries caused by whiplash trauma and seldom will they know how to successfully treat them if they did find them.

To make things worse females are 2 to 3 times a likely to be injured as males in low speed rear impact crashes and the passenger seat has a much greater risk for injury than the driver's seat. This makes the typical female occupant of a vehicle many times more susceptible to injury than the male occupant.

One thing that you must remember is that each person in the vehicle has their own crash and you cannot judge the injuries of a person based on the injuries of others in the same vehicle. You can have 4 people in a vehicle involved in a crash and three may suffer no injuries of any kind and the fourth can be killed.

There are over 3 million low speed rear impact crashes a year and the target vehicle may have multiple victims in the vehicle. Times this by the last 50 years and there are few people that have not been exposed to whiplash trauma.

Why is all of this important? Because almost all of your patients that suffer from chronic pain, headaches, neck aches, shoulder pains, strange neurological conditions, and many chronic infections and autoimmune problems may be as a result of a whiplash injury. But don't expect that the patient will know this or even be able to relate the origin of their problems to any vehicle crash.

Why? Because the crash was not severe. The insurance companies have taught us that if the vehicle was not hurt then how could you have been hurt? And even if you were hurt you would heal in a few weeks just as with any other injury. And yes these are all lies.

The husband who was driving of the vehicle says I was in the vehicle sitting right beside you and I was not hurt but you, the wife, have been complaining for the last year and the doctors can't find anything wrong with you. You can see how this may cause some distress between couples. Many people also notice psychological or emotional changes in their family members, anger issues, and so on that can all be related to old whiplash injuries.

As a doctor you have a practice full of whiplash patients that you never knew were whiplash patients. As a patient you may be a whiplash victim and never knew it and have never been to a doctor that knew how to identify your injury.

This protocol will significantly help with the resolution of all whiplash injuries and their symptoms.

*This protocol requires 2 programs that is not in the Home unit. You may purchase these two Therapy Cards **#511 Whiplash** and **#530 Inflammation NS** and run the program as instructed in the treatment record.*

Dr. Gerry Graham III

Mk III Home - Treatment Record ~ Whiplash Ver: 07/21/15

Patient Name _____ Number _____

Day #1 ____/____/____ (100 minutes) ___ Intolerance Protocol Card Steps 1, 2 and 3 (100)	Day #10 ____/____/____ (40 minutes) ___ #011 Strain/Sprain – On Right Ear 1 time (20) ___ #016 Emotional Stress – Under Chin 1 time (20)
Day #2 ____/____/____ (70 minutes) ___ Intolerance Protocol Card Steps 4 and 5 (50) ___ #661 Strain/Sprain – On Right Ear 1 time (20)	Day #11 ____/____/____ (90 minutes) ___ #511 Whiplash (50) Not in Home Unit, Follow instructions from Day #8 ___ #011 Strain/Sprain – On Right Side Upper Neck 1 time (20) ___ #016 Emotional Stress – Under Chin 1 time (20)
Day #3 ____/____/____ (60 minutes) ___ #018 Ear Health – On Right Ear 1 time (60)	Day #12 ____/____/____ (40 minutes) ___ #011 Strain/Sprain – On Right Side Upper Neck 1 time (20) ___ #016 Emotional Stress – Under Chin 1 time (20)
Day #4 ____/____/____ (40 minutes) ___ #011 Strain/Sprain – On Right Ear 1 time (20) ___ #011 Strain/Sprain – On Right Side Upper Neck 1 time (20)	Day #13 ____/____/____ (40 minutes) ___ #011 Strain/Sprain – Under Chin 1 time (20) ___ #016 Emotional Stress – Back of Head 1 time (20)
Day #5 ____/____/____ (100 minutes) ___ Intolerance Protocol Card Steps 1, 2 and 3 (100)	Day #14 ____/____/____ (100 minutes) ___ #530 Inflammation NS (60) Not in Home Unit, Hold card and follow inst Run following programs 1x in this order as they relate to the steps on card. ___ #085 Allergy Step 1 ___ #068 Nerve Pain 1 Step 4 ___ #061 Healing Step 2 ___ #060 Restore Step 5 ___ #083 Deep Bruise 2 Step 3 ___ #062 Pain Step 6 ___ #011 Strain/Sprain – Under Chin 1 time (20) ___ #016 Emotional Stress – Back of Head 1 time (20)
Day #6 ____/____/____ (70 minutes) ___ Intolerance Protocol Card Steps 4 and 5 (50) ___ #011 Strain/Sprain – On Right Side Upper Neck 1 time (20)	Day #15 ____/____/____ Laser (60 minutes) ___ #018 Ear Health – On Left Ear 1 time (60)
Day #7 ____/____/____ (40 minutes) ___ #011 Strain/Sprain – Under Chin 1 time (20) ___ #016 Emotional Stress – Back of Head 1 time (20)	Day #16 ____/____/____ Laser (40 minutes) ___ #016 Emotional Stress – On Back of Head 1 time (20) ___ #016 Emotional Stress – Under Chin 1 time (20)
Day #8 ____/____/____ (90 minutes) ___ #511 Whiplash (50) Not in Home Unit, Hold card and follow inst Run following programs 1x in this order as they relate to the steps on card. ___ #078 Open Wound 1 Step 1 ___ #084 Surgery Step 4 ___ #052 Neck Step 2 ___ #068 Nerve Pain 1 Step 5 ___ #063 Heart Step 3 ___ #011 Strain/Sprain – Under Chin 1 time (20) ___ #016 Emotional Stress – Back of Head 1 time (20)	Day #17 ____/____/____ Laser (40 minutes) ___ #016 Emotional Stress – Under Chin 2 times (40)
Day #9 ____/____/____ (40 minutes) ___ #011 Strain/Sprain – On Right Ear 1 time (20) ___ #016 Emotional Stress – Back of Head 1 time (20)	Day #18 ____/____/____ Laser (50 minutes) ___ #511 Whiplash (50) Not in Home Unit, Follow instructions from Day #8

Nutritional Support: (Use Standard Process Labs or equivalent product for best results.)

- Ligaplex II – 3 caps 2 times a day for 6 weeks
- Cardiotrophin – 2 tabs 2 times a day for 10 days
- Ostrophin – 2 tabs 2 times a day for 10 days

NO DIET SWEETENERS!! Not even Stevia of any form.
Follow all directions exactly as instructed on Treatment Record.
If time does not permit you may extend any procedures into multiple days.