



Dear Home Health Care Provider,

We believe that the standard 35 home programs, #001 through #035 along with the Foundational Health and GMO Recovery procedures will usually be sufficient for the majority of the daily health issues that arise. However, when additional therapy is required or nutritional recommendations are desired the following Custom Therapy Guide will provide help for both Health Care providers and Home care individuals in selecting additional therapies.

This Guide is specific for the LazrPulsr 4X Mk III Home Health Care System. For the Mk III Personal and Professional therapy systems please refer to the Mk III Personal and Professional Therapy System link on the web site.

How to use this Therapy Guide:

Column 1 is a list of about 95 different symptoms listed in alphabetic order. Find the closest symptom that meets yours in this column.

Column 2 is a list of numbers that relate to the nutritional supplements at the end of this guide. These nutritional supplements directly support the selected symptom. These nutrients are from Standard Process West. These nutrients or nutrients of equal quality are available from the health care provider that prescribed this therapy laser for your use. These recommendations were developed by Mark Anderson from Standard Process West.

Column 3 and 4 list therapy programs that are contained in the Mk III Home Therapy Laser. These are listed in the typical order of priority but can be performed in any order you feel is best.

There are 3 different types of programs in the Mk III Home therapy system. They are grouped together by numbers.

Programs #001 through #035 **(In Black)** are the primary Home Therapy programs. They should be run as described in the Treatment Guide.

Programs #051 through #099 **(In Red)** are single frequency programs that are all set to run for 10 minutes each. For these therapies they should all be run under the chin and performed 1 time (10 Min).

Program #100 has a therapy card but it does not require a Homeopathic remedy so simply utilize the card as instructions for the therapy.

Programs #101 through #118 **(In Blue)** utilize a homeopathic remedy that is imprinted on the magnetic strip found on the back side of the card. Run these programs as instructed on the Therapy Card while holding the magnetic strip on your Left Finger tips.

We hope that you find these additional therapy recommendations useful in your more complex health care issues.

Dr. Gerry Graham III
President: LazrPulsr System

LazrPulsr 4X Mk III Home Therapy System ~ Custom Therapy Guide

Programs #001 through #035 Run as described in Treatment Guide

Programs #051 through #100 Run one time, Place Under Chin

Programs #101 through #118 Run as instructed on the Therapy Card while holding the magnetic strip on the back of the card with your Left Finger tips.

All recommendations are placed in order of priority for each condition.

Condition	Nutrition	Mk III Home (Primary)	Mk III Home (Secondary)
Allergies	2, 3, 5	#008 Allergy #114 Allergy Mix #117 Mild TBI #683 Fungus	#016 Emotional Stress #085 Allergy #026 Meningeal Health
Altitude Sensitivity	10, 9	#091 Pituitary #117 Mild TBI #016 Emotional Stress #118 Inflammation	#055 Circulation #115 Migraine Headache #025 Lymph #053 N/M Re-ed
Antibiotic use – protect, & recovery	23, 22	#114 Allergy Mix #028 Neuro Health #033 Fungus	#017 Digestive Health #117 Mild TBI #016 Emotional Stress
Antihistamine, sneezing attacks	3, 5	#026 Meningeal Health #087 Air Intolerance #114 Allergy Mix #017 Digestive Health	#035 West Nile #117 Mild TBI #095 Allergy 2 #024 Lung Health
Anxiety	12, 25, 18	#016 Emotional Stress #107 Emotional Stress #028 Neuro Health #105 All Emotional Trauma #116 Aura Health	#093 Liver/Kidney #032 Flu/Virus #035 West Nile #022 Hormone Health
Athletes Foot	51	Protocol Card All Autoimmune Run 2 times in 6 days	#033 Fungus Run 2 times a day for 10 days on Belly Button, Then, 1 time a day for 1 month under chin. #067 Cleansing Run 2 times a day for 10 days on Mid Chest
Blood-clotting (increase)	13-P	#111 All Tissues/Genes #034 Lyme #118 Inflammation #080 Open Wound 3	#083 Deep Bruise 2 #082 Deep Bruise 1 #055 Circulation #109 All Glands/Cells
Bone Bruise	6	#072 Bone #82 Deep Bruise 1 #117 Mild TBI	#083 Deep Bruise 2 #096 Aura health 2
Bone Repair	6, 7, 9, 13-P	#112 All Bone/Aura #091 Pituitary #010 Fractures #071 Vascular HA #072 Bone	#022 Hormone Health #016 Emotional Stress #055 Circulation #030 Arthritis #116 Aura Health
Brain: Mind, Mental, Cognitive, developmental	28, 29, 12	#107 Emotional Stress #096 Aura Health 2 #092 Thyroid Balance #028 Neuro Health #026 Meningeal Health #117 Mild TBI	#002 Aura health #035 West Nile #057 Cranial Nerves #016 Emotional Stress #079 Open Wound 2

Breast Milk Supply	19, 20, 33, 35	#053 N/M Re-ed #055 Circulation #078 Open Wound 1 #022 Hormone Health #109 All Glands/Cells	#095 Aura Health 2 #059 Category 1 #107 Emotional Stress #117 Mild TBI
Breast Health – scaring, surgery, Lymph Nodes	43, 58, 55	#021 Glandular Health #053 N/M Re-ed #117 Mild TBI #083 Deep Bruise 2 #079 Open Wound 2 #116 Aura Health #082 Deep Bruise 1	#080 Open Wound 3 #012 Wounds #091 Pituitary #084 Surgery #078 Open Wound 1 #013 Surgery
Breathing – Shortness of breath	9, 10	#024 Lung Health #118 Inflammation #087 Air Intolerance #095 Allergy 2 #117 Mild TBI #114 Allergy Mix	#016 Emotional Stress #053 N/M Re-Ed #054 Lymph #025 Lymph #014 Venomous Bites
Bruising & capillary Fragility	17	#035 West Nile #017 Digestive Health #053 N/M Re-ed #070 HA Toxic #097 Adhesions #077 Deep Wound	#078 Open Wound 1 #082 Deep Bruise 1 #083 Deep Bruise 2 #117 Mild TBI #109 All Glands/Cells
Bruxism (grinding of teeth)	12, 7	#118 Inflammation #025 Lymph #051 Low Back #035 West Nile	#085 Allergy #097 Adhesions #054 Lymph
Bug Bites	11-P	#014 Venomous Bites #034 Lyme #088 Aura Health 1 #096 Aura Health 2	#118 Inflammation #029 Detoxification #115 Migraine HA
Burns	13-O	#097 Adhesions #079 Open Wound 2 #012 Wounds #009 Burns #055 Circulation #117 Mild TBI #077 Deep Wound	#002 Aura health #118 Inflammation #027 Skin Health #033 Fungus #093 Liver Kidney #081 Open Wound 4
Candida	51,	Protocol Card Sensitivity 1 x every 2 days for 12 days	
Carbohydrate Digestion	23	#117 Mild TBI #017 Digestive Health #095 Allergy 2 #116 Aura Health	#032 Flu/Virus #085 Allergy #055 Circulation
Carpal Tunnel Syndrome	50	#003 Radiation Detox #085 Allergy #030 Arthritis #096 Aura Health 2	#113 All Cell Mutate #117 Mild TBI #115 Migraine HA

Chapped Lips	30, 38	#095 Allergy 2 #118 Inflammation #111 All Tissues/Genes #025 Lymph	#087 Air Intolerance #054 Lymph #091 Pituitary
Constipation	19, 23, 37, 38	#025 Lymph #071 HA Vascular #089 Stomach-LI	#017 Digestive Health #114 Allergy Mix #118 Inflammation
Cough	16, 7, 11-T	#033 Fungus #032 Flu/Virus #031 Bacterial Infection #117 Mild TBI #026 Meningeal Health #111 All Tissues/Genes	#118 Inflammation #034 Lyme #035 West Nile #093 Liver/Kidney #054 Lymph #024 Lung Health
Chronic Fatigue	16, 59, 34	#102 Spiritual Cleansing #103 Aura Attachment #001 Fatigue Recovery #107 Emotional Stress #112 All Bone/Aura #081 Open Wound 4	#002 Aura Health #078 Open Wound 1 #118 Inflammation #021 Glandular Health #022 Hormone Health #114 Allergy Mix
Crohn's Disease	51	#033 Fungus On Liver 2 times a day for 6 days	Protocol Card Sensitivity Run one time wait 6 days and run again
Dark under eye circles	17, 12	#035 West Nile #033 Fungus #055 Circulation #096 Aura Health 2	#083 Deep Bruise 2 #118 Inflammation #113 All Cell Mutate #029 Detoxification
Dermatitis	30, 31, 29	#113 All Cell Mutate #054 Lymph #020 Diabetes #091 Liver/Kidney #081 Open Wound 4 #012 Wounds	#029 Detoxification #033 Fungus #118 Inflammation #027 Skin Health #117 Mild TBI #115 Migraine HA
Diaper Rash	30, 7	#114 Allergy Mix #031 Bacterial Infection #086 Food Intolerance #080 Open Wound 3	#096 Aura Health 2 #054 Lymph #035 West Nile #078 Open Wound 1
Diarrhea	14	#035 West Nile #017 Digestive Health #032 Flu/Virus #095 Allergy 2 #078 Open Wound 1 #117 Mild TBI	#085 Allergy #107 Emotional Stress #060 Restore #093 Liver/Kidney #029 Detoxification
Digestive enzymes	32	#017 Digestive Health	#117 Mild TBI
Diuretic, edema, fluid retention	1	#025 Lymph #117 Mild TBI #118 Inflammation #085 Allergy #089 Stomach – LI	#034 Lyme #095 Allergy 2 #033 Fungus #029 Detoxification #017 Digestive Health

Ear Infection	16	#067 Cleansing #117 Mild TBI #033 Fungus #018 Ear Health #029 Detoxification #071 HA Vascular	#114 Allergy Mix #016 Emotional Stress #034 Lyme #061 Healing #054 Lymph
Eczema	30, 31, 29	#113 All Cell Mutate #115 Migraine #118 Inflammation #080 Open Wound 3 #097 Adhesions #092 Thyroid	#055 Circulation #022 Hormone Health #031 Bacterial Infection #014 Venomous Bite #035 West Nile #008 Allergy
EMF	40, 43, 44	#003 Radiation Detox #095 Allergy 2 #109 All Glands/Genes #115 Migraine HA	#117 Mild TBI #087 Air Intolerance #031 Bacterial Infection #054 Lymph
Fatigue	18, 27 ,9, 7	#001 Fatigue Recovery #055 Circulation #092 Thyroid #118 Inflammation	#071 HA Vascular #114 Allergy Mix #033 Fungus #034 Lyme
Fear	46, 45	#034 Lyme #031 Bacterial Infection #080 Open Wound 3 #093 Liver/Kidney	#105 All Emotional Trauma #112 All Bone/Aura #104 Body Reset
Female Balance	47	#021 Glandular health #022 Hormone Health #035 West Nile #109 All Glands/Cells #118 Inflammation	#032 Flu/Virus #094 Female #092 Thyroid Balance #100 Mus/Skel Balance
Fever – esp. children	7, 9, 11-T, 38	#034 Lyme #088 Aura Health #096 Aura Health 2 #101 neurotoxins	#032 Flu/Virus #035 West Nile #118 Inflammation
Flatulence & Bloating	32, 23	#020 Diabetes #033 Fungus #017 Digestive Health	#089 Stomach – LI #111 All Tissues/Genes #117 Mild TBI
Food Poisoning	14, 13-P, 23	#007 Headache #031 Bacterial Infection #034 Lyme	#070 HA Toxic #093 Liver/Kidney #017 Digestive Health
Foreign Travel, gut protection	14, 23, 32	#034 Lyme #017 Digestive Health	#115 Migraine HA
Fungus	51, 42	#033 Fungus Run 2 X a day for 6 days then, 1 time a day for 1 month, Under Chin	Protocol Card Sensitivity Run 1 time then run again in 6 days
Gallbladder distress (fats, oils)	4	#085 Allergy #108 All Organs #029 Detoxification	#115 Migraine HA #095 Allergy 2
Gastritis	21, 13-P	#017 Digestive Health #115 Migraine HA	#086 Food Intolerance

Gout	27, 1, 32	#034 Lyme #075 Ligament #021 Glandular Health #054 Lymph	#030 Arthritis #118 Inflammation #073 Burns #116 Aura Health
Gums Bleeding	17, 13-P	#033 Fungus #080 Open Wound 3 #111 All Tissues/Genes	#118 Inflammation #081 Open Wound 4 #077 Deep Wound
Hangover	1, 11-T	#033 Fungus #095 Allergy 2 #117 Mild TBI #020 Diabetes	#055 Circulation #077 Deep Wound #118 Inflammation #005 Maintenance
Headaches	27, 17	#003 Radiation Detox #115 Migraine HA #028 Neuro Health #022 Hormone Health #093 Liver/Kidney	#025 Lymph #020 Diabetes #117 Mild TBI #114 Allergy Mix #016 Emotional Stress
Heart Rate Rapid	26, 12, 29	#016 Emotional Stress #002 Aura Health #028 Neuro Health #063 Heart	#074 Skin Muscle #102 Spiritual Cleansing #108 All Organs #035 West Nile
Heart Rhythm	8, 29	#116 Aura Health #082 Deep Bruise 1 #016 Emotional Stress #002 Aura Health #028 Neuro Health	#063 Heart #074 Skin Muscle #102 Spiritual Cleansing #108 All Organs #035 West Nile
Heart Burn	21, 32	#086 Food Intolerance	#110 All Systems
Hemorrhoids	15, 19	#071 HA Vascular #022 Hormone Health #065 Liver #096 Aura Health 2 #084 Surgery	#111 All Tissues/Genes #117 Mild TBI #035 West Nile #118 Inflammation
Hot Flashes	28, 31	#022 Hormone health #084 Surgery #088 Aura Health 1 #109 All Glands/Cells	#033 Fungus #111 All Tissues/Genes #021 Glandular Health
IBS	42	#017 Digestive Health Run on Liver 2 times a day for 6 days	Protocol Card Sensitivity Run 1 time, wait 2 days and run again
Immune support	16, 7, 22	#096 Aura Health 2 #031 Bacterial Infection #087 Air Intolerance #110 All Systems #032 Flu/Virus	#033 Fungus #093 Liver/Kidney #118 Inflammation #117 Mild TBI
Incontinence	48, 8	#114 Allergy Mix #100 Mus/Skel Balance #033 Fungus #035 West Nile	#117 Mild TBI #107 Emotional Stress #080 Open Wound 3 #102 Spiritual Cleansing
Inflammation	29, 16, 7	#025 Lymph #035 West Nile #080 Open Wound 3	#097 Adhesions #091 Pituitary #118 Inflammation

Insect Bites	3, 13-O, 30, 33	#115 Migraine HA #111 All Tissues/Genes #014 Venomous Bites #054 Lymph	#033 Fungus #034 Lyme #093 Liver/Kidney #031 Bacterial Infection
Irritability	25, 12	#016 Emotional Stress #028 Neuro Health #105 Emotional Trauma #001 Fatigue Recovery #026 Meningeal Health	#035 West Nile #054 Lymph #034 Lyme #077 Deep Wound #115 Migraine
Ligament & Tendon support	24	#011 Strain/Sprain #097 Adhesions #020 Diabetes #023 Joint Health #075 Ligament #053 S/M Re-ed	#004 Structural Balance #110 All Systems #116 Aura Health #091 Pituitary #118 Inflammation
Liver Congestion	4	#087 Air Intolerance #085 Allergy #055 Circulation #093 Liver/Kidney	#113 All Cell Mutate #118 Inflammation #029 Detoxification
Lymphatic Congestion	16, 7, 29	#115 Migraine #033 Fungus #054 Lymph #079 Open Wound 2	#086 Food Intolerance #016 Emotional Stress #111 All Tissues/Genes
Male Balance	49	#021 Glandular health #022 Hormone Health #035 West Nile #109 All Glands/Cells #118 Inflammation	#032 Flu/Virus #094 Female #092 Thyroid Balance #100 Mus/Skel Balance #117 Mild TBI
Mono	11, 22	#100 Mus/Skel Balance #001 Fatigue Recovery #035 West Nile	#025 Lymph #093 Liver/Kidney #117 Mild TBI
Morning Sickness (pregnancy)	39, 60	#017 Digestive Health (as needed) Sensitivity Protocol Card #022 Hormonal Health	#028 Neuro Health #008 Allergy #035 West Nile
Motion Sickness	50	#053 N/M Re-ed #091 Pituitary #029 Detoxification #028 Neuro Health	#095 Allergy 2 #114 Allergy Mix #026 Meningeal Health #117 Mild TBI
Mucous & Phlegm – Resp.	20	#114 Allergy Mix #031 Bacterial Infection #093 Liver/Kidney	#080 Open Wound 3 #024 Lung Health #110 All Systems
Muscle cramps legs, back, Charley horse	11-T, 7, 11-P	#092 Thyroid Balance #118 Inflammation #111 All Tissues/Genes	#083 Deep Bruise 2 #060 Restore
Nails – brittle, weak, breaking	11-T	#055 Circulation #065 Liver #071 HA Vascular #083 Deep Bruise 2	#031 Bacterial Infection #111 All Tissues/Genes #026 Meningeal Health

Nausea	51, 32, 52, 53	#032 Flu/Virus #017 Digestive Health #114 Allergy Mix #113 All Cell Mutate #099 Radiation 2	#110 All Systems #089 Stomach – LI #096 Aura health 2 #070 HA Toxic #014 Venomous Bites
Nerve Relaxation	12, 25	#068 Nerve Pain 1 #105 All Emotional Stress #096 Aura Health 2 #082 Deep Bruise 1 #117 Mild TBI	#069 Nerve Pain 2 #026 Meningeal Health #078 Open Wound 1 #053 N/M Re-ed
Nightmares	1, 12	#017 Digestive Health #053 N/M Re-ed #108 All Organs #111 All Tissues/Genes	#034 Lyme #118 Inflammation #114 Allergy Mix
Plantar Warts, Warts	9, 11-P, 7-T	Protocol Card Allergy Run 1 time wait 3 days and run again	#026 Meningeal Health Run 1 time wait 3 days and run again #035 West Nile Run 2 times a day for 6 days on Rt. Ear
PMS	7, 25, 1	#022 Hormone Health #088 Aura Health 1 #092 Thyroid Bal #111 All Tissues/Genes #034 Lyme	#117 Mild TBI #026 Meningeal Health #109 All Glands/Cells #118 Inflammation
Parasites/Amoeba	54	#051 Low Back #092 Thyroid Balance #115 Migraine HA #109 All Glands/Cells #054 Lymph	#081 Open Wound 4 #021 Glandular Health #116 Aura Health #079 Open Wound 2
PECT (Physical, Emotional, Chemical, Trauma)	12, 11-T, 39, 40, 41,	#087 Air Intolerance #100 Mus/Skel Balance #116 All Aura Health #034 Lyme #105 All Emotional Trauma #026 Meningeal Health #102 Spiritual Cleansing	#103 Aura Attachment #104 Body Reset #021 Glandular Health #066 Brain #028 Neuro Health #117 Mild TBI #001 Fatigue Recovery
Poison Vines	26, 3	#113 All Cell Mutate #076 Scrape Wound #027 Skin Health	#093 Liver/Kidney #085 Allergy #118 Inflammation
Radioactive Iodine Exposure	28	#083 Deep Bruise 2 #098 Radiation 1 #003 Radiation Detox #099 Radiation 2	#117 Mild TBI #034 Lyme #116 Aura Health
Rosacea	55	#034 Lyme #031 Bacterial Infection #086 Food Intolerance #102 Spiritual Cleansing #111 All Tissues/Genes #096 Aura Health 2	#027 Skin Health #029 Detoxification #113 All Cell Mutate #116 Aura Health #070 HA Toxic
Scarring prevention	30, 31	#111 All Tissues/Genes #012 Wounds #097 Adhesions #027 Skin Health	#079 Scrape Wound #025 Lymph #116 Aura Health

Shoulder ROM – Bursitis	27, 13-P	#004 Structural Bal #023 Joint Health #075 Ligament #025 Lymph #092 Thyroid Bal	#103 Aura Attachment #113 All Cell Mutate #117 Mild TBI #002 Aura Health #029 Detoxification
Sinusitis	33, 16	#028 Neuro health #035 West Nile #031 Bacterial Infection #033 Fungus #061 Healing	#105 Emotional Trauma #025 Lymph #117 Mild TBI #115 Migraine HA
Skin Dryness - scaling	30, 31, 29	#117 Mild TBI #111 All Tissues/Genes #109 All Glands/Cells #092 Thyroid Bal	#054 Lymph #082 Deep Bruise 1 #097 Adhesions
Skin Itching	11-T, 7, 30	#027 Skin Health #017 Digestive Health #016 Emotional Stress #014 Venomous Bite #081 Open Wound 4	#012 Wounds #035 West Nile #116 Aura Health #009 Burns
Skin Rash	3, 5, 30	#027 Skin Health #114 Allergy Mix #088 Aura Health 1 #113 All Cell Mutate	#031 Bacterial Infection #004 Structural Bal #013 Surgery #079 Open Wound 2
Sleep Aid	12, 7	#016 Emotional Stress #028 Neuro Health #025 Lymph #031 Bacterial Infection	#015 Sleep #096 Aura health 2 #021 Glandular Health #118 Inflammation
Sprains	24, 7, 29	#011 Strain/Sprain #104 Body Reset #053 N/M Re-ed #118 Inflammation #092 Thyroid Bal	#012 Wounds #034 Lyme #115 Migraine #003 Radiation Detox
Staph Infections	11, 9, 7, 16	#098 Radiation 1 #111 All Tissues/Genes #102 Spiritual Cleansing #034 Lyme	#025 Lymph #031 Bacterial Infection #085 Allergy
Stomach Upset	32, 21	#032 Flue/Virus #089 Stomach – LI #017 Digestive Health #029 Detoxification	#117 Mild TBI #008 Allergy #088 Aura Health 1
Stress	18, 12, 25	#016 Emotional Stress #107 Emotional Stress #096 Aura health 2	#118 Inflammation #034 Lyme
Sunburn	11-T, 30	#085 Allergy #009 Burns #115 Migraine	#027 Skin Health #081 Open Wound 4 #033 Fungus
Sun & heat sensitivity	11-T	#095 Allergy 2 #110 All Systems #071 HA Vascular	#003 Radiation Detox #118 Inflammation #026 Meningeal Health

Swimmers Ear	22, 23, 36	#031 Bacterial Infection #033 Fungus #016 Emotional Stress	#018 Ear Health #093 Liver/Kidney
Swollen Extremities	1, 8, 38	#117 Mild TBI #116 Aura Health #075 Ligament #118 Inflammation	#034 Lyme #022 Hormone Health #020 Diabetes
Teeth – loose, caries, teething	6, 7	#023 Joint Health #110 All Systems #088 Aura Health 1	#089 Aura Health 2 #034 Lyme #114 Allergy Mix
Tension headaches	25, 12, 27	#007 Headache #016 Emotional Stress #028 Neuro Health #105 Emotional Trauma	#095 Allergy 2 #054 Lymph #087 Air Intolerance
Tonsillitis	33, 22	#109 All Glands/Cells #053 N/M Re-ed #034 Lyme #033 Fungus	#069 Nerve pain 2 #031 Bacterial Infection #115 Migraine HA #011 Strain/Sprain
Tooth Ache	56, 57, 9	#072 Bone #032 Flu/Virus #028 Neuro Health #031 Bacterial Infection #023 Joint health	#054 Lymph #079 Open Wound 2 #029 Detoxification #082 Deep Bruise 1
Tranquilizer – Relaxer	12, 25	#005 Maintenance #026 Meningeal Health #118 Inflammation #053 N/M Re-ed	#070 HA Toxic #016 Emotional Stress #015 Sleep
Warts, Plantar Warts	9, 11-P, 7-T	Protocol Card Allergy Run 1 time wait 3 days and run again	#026 Meningeal Health Run 1 time wait 3 days and run again #035 West Nile Run 2 times a day for 6 days on Rt. Ear
Wound Healing – cuts etc.	9, 13-O	#031 Bacterial Infection #089 Stomach – LI #027 Skin Health #111 All Tissues/ Genes	#116 Aura Health #012 Wounds #079 Open Wound 2
Vertigo	22	#022 Hormone Health #106 All Fluids #105 All Emotional Trauma #100 Mus/Skel Balance	#104 Body Reset #118 Inflammation #034 Lyme #014 Venomous Bites
Virus	9, 42, 22	#061 Healing #032 Flu/Virus #093 Liver/Kidney	#116 Aura Health #035 West Nile #060 Restore
Yeast Infestation	23, 5	#033 Fungus #067 Cleansing #034 Lyme #110 All Systems #115 Migraine HA	#056 CNS Stim #080 Open Wound 3 #078 Open Wound 1 #031 Bacterial Infection #116 Aura Health

Nutrition Product		Uses ~ Standard Process labs Nutritional Recommendations created by Mark Anderson of Standard Process West
1	A-C Carbamide	Natural diuretic for water retention and edema. Helps prevent and reduce hangovers. Nightmares and bizarre dreams.
2	Allerplex	Systemic support for seasonal allergies affecting the upper respiratory system.
3	Antronex	A natural antihistamine. Chew 4 or 5 at once during sneezing attacks. Reduces discharge and allergic skin rashes. Functionally enhanced with Cal-Amo (#5) or apple cider vinegar.
4	Betafood (or AF Betafood)	Gallbladder related stress. Fats/oil digestion – Lowers bile viscosity. Fat digestion sensitivity or nausea. Methyl donor source for fat metabolism, liver support.
5	Cal-Amo	Normalizes high pH (alkalinity) so common in allergies, bursitis, infections, and joint pain. High pH increases pathogen growth. Functionally similar to apple cider vinegar. Contains acid-forming salts found in seawater.
6	Calcifood Wafers	Complete protein food from raw veal bone and marrow. Source of all 22 amino acids. Endurance food for protein nutrition and ligament support. High-protein canine training treat. A powerful bone food. Chew or grind then swallow.
7	Calcium Lactate (Tablets or Powder)	All-important ionizable calcium for diffusion into tissue fluids. Rapid immune enhancement and muscle relaxation. Teething. Blended with magnesium in 5:1 ratio. Rapidly absorbed. 1 tbsp. = 20 tablets.
8	Cataplex B (or Vasculin)	Nerve stimulating B vitamin group. Increases nerve motor conductivity, innervation and electrical rhythm. Heart valve efficiency. Rhythm stability further enhanced with Tuna Omega-3 Oil (#29).
9	Cataplex C	Collagen forming and building vitamin C complex. Collagen is the protein of ligaments, teeth, skin, and bone. Phagocytosis and immune response, infection, fever, wound healing.
10	Cataplex E ₂ (or Cardio-Plus)	Facilitates oxygen from blood into muscle. Oxygen deprivation is a cause of muscle spasm and fatigue. Resistance to altitude sickness.
11	Cataplex F (T) Tablets Cataplex F (P) Perles	Muscle cramps – tissue calcium starvation – use with Calcium Lactate (#7). Use for resistance to sunburns. Sun and heat sensitivity (hypervitaminosis D – hypercalcemia).
12	Cataplex G	Nerve relaxing B vitamins. Vasodilator. Take with Min-Chex (#25), before bed as a sleep aid. Take with Organically Bound Minerals (#26) for panic; or solo for a gentle nerve relaxer or for tension headaches. Bruxism.
13	Chlorophyll Complex – Ointment (O) Pearls (P)	Ointment: Use for burns, wounds, and lesions. Will stain – cover area. Anti-scarring vitamin E & A complexes and blood-clotting vitamin K. Perles: for faster clotting time and blood building effect of fat soluble chlorophyll. GI Tract inflammation.
14	Cholacol II	Calcium bentonite clay used as adsorbent for food poisoning or gut toxicity and to dry up diarrhea. International travel – combine with Zypan (#32) and Lactic Acid Yeast (#23). Functionally similar to activated charcoal. Take between meals on empty stomach.
15	Collinsonia Root	Vascular tonicity and tension for hemorrhoids and varicose veins.
16	Congaplex	General immune support. Protection against infections and colds. Lymphatic congestion. For acute care take every half hour Available as chewable for children.
17	Cyruta-Plus	Anti-bruising. Leaking or burst capillaries. Skin under the eyes – periocular area – is a tenth as thick as facial skin. Capillary leakage there presents as dark circles. Bleeding gums is often a sign of capillary fragility.
18	Drenamin or Adrenal Desiccated	Anti-stress and chronic fatigue. Naturally energizes adrenals. Trauma, stress, and systemic overload. Adrenal Desiccated for short-term use and Drenamin for long-term support.
19	Fen-Cho or Whole Food Fiber (WWF)	For mild constipation, Fen-Cho is a natural stool softener and WWF is bulk-forming for intestinal motility and elimination. Take at bedtime and upon rising with a full glass of water.
20	Fen-Gre	Expectorant. Blocks formation of mucous and phlegm in respiratory tract. Functional relief for lungs and bronchial tubes. Fenugreek has been used since ancient times to boost the milk supply when nursing.
21	Gastrex	Relieves heartburn, gastritis, and “nervous stomach” symptoms, while soothing and promoting healing of ulcers. Best if taken 10 minutes before meals.
22	Immuplex	Immune system rebuilding and restorative support after repeated infections and treatments.
23	Lactic Acid Yeast Wafers	Produces probiotic lactic acid in the bowel to protect against pathogenic yeast and bacteria overgrowth. Promotes regularity and restoring GI flora and ph. Protects and restores bowel from oral antibiotics.

24	Ligaplex I	Ligament and tendon injury; support for strains, sprains, tears, pulls, and hyper laxity of ligaments.
25	Min-Chex	Natural physiological tranquilizer for minor short-term depression, nervousness, irritability, PMS, and overall stress.
26	Organically Bound Min. (or Min-Tran)	Potassium source and alkaline ash minerals from sea kelp and alfalfa supporting parasympathetic nervous system and heart function.
27	Phosfood Liquid	Phosphorus for sympathetic nervous system support. Helps headaches, gout, bone spurs, bursitis, and tartar buildup on teeth. Often added to spark other protocols.
28	Prolamine Iodine	Protein-bound organic iodine (plant protein) – most readily absorbable form for hormone formation and cell utilization. Thyroid support. Vital for mental and cognitive development. Prenatal, infant and childhood brain development. Childhood cognitive function (along with Tuna Omega-3 Oil #29)
29	Tuna Omega-3 Oil	Essential omega-3 oil rich in EPA and DHA fats for brain development, mood stability, healthy circulation, heart rhythm and vessel support. Sustainably sourced – free of contaminants.
30	USF Ointment	Topical thick salve of essential fatty acids for skin burns (sun, wind, or heat), diaper rash, dermatitis, eczema, chapped lips, dry skin.
31	Wheat Germ Oil Perles	Swallow or chew perles for hair, skin, and nail health. Natural vitamin E complex and essential fats. Puncture and apply perle for topical use to prevent scarring or stretch marks.
32	Zypan	Protein digesting enzymes (proteolytic – pepsin and pancreatin) with hydrochloric acid, taken as digestive aid for gas and flatulence. Uric acid crystals, associated with gout, form from undigested protein. Essential gut protection for foreign travel.
33	Cataplex - ACP	Supports Blood, Epithelial, Connective Tissues. General Resistance to infection. Skin disorders, eye conditions, Inflammation and Congestion.
34	Cyrofood	Multiple vitamin and trace mineral product with raw veal bone. General nutritional, Fatigue & lowered resistance.
35	E Manganese	Anterior Pituitary Disorders. Acute Ligament Injury
36	Garlic	Encourages healthy circulation, liver function, and enhances immune system.
37	Okra-Pepsin	Cleanse intestines and enhance gut absorption. Colitis, diverticulitis, ulcers. Malabsorption syndrome.
38	Water	Artesian Spring water or Filtered, Reverse Osmosis or other quality filtration system
39	Inositol	Diabetes mellitus related circulatory disorders. Muscular, nerve pain & degeneration.
40	Cruciferous Complete	Supports cellular detoxification and health. Liver, Cellular detoxification and Eye health.
41	Catalyn	Multiple vitamin, trace mineral, enzyme source. Twelve raw foods, cold processed and blended.
42	Lact-Enz	Converts all carbohydrate to Lactic Acid. Acidification of GI Tract. Flatulence, halitosis, Toxemia, Malassimilation.
43	Whole Desiccated Spleen	Source of SOD. Inflammation, Toxemia, Loss of intestinal flora, Immune system support.
44	Trace Minerals B ₁₂	Spectrum of minerals including Iodine. Support Ligaments, Cartilage, Bone, Immune and Thyroid support.
45	Renafood	Kidney detoxification and support. Kidney disease, Stones, Renal hypertension, Toxemia, Urinary Tract Inf.
46	Cataplex A	Epithelial tissue support. Essential for eyes/retinal development and maintenance. Prevents night blindness (forms visual purple). Resistance to infection and inflammation. Essential for development of healthy mucous membranes.
47	Symplex F	Supports the healthy function of ovaries, adrenal, pituitary, and thyroid glands
48	Ligaplex II	Supports tissue and joints to maintain connective tissue health especially for long-term support.
49	Symplex M	Supports the healthy function of the testes, adrenal, pituitary and thyroid glands.
50	B6 Niacinamide	Supports protein and fat metabolism. Adrenal hormone precursor. Carpal Tunnel Syndrome, Numbness in extremities, Pregnancy edema.
51	Zymex	Builds flora in the gut. GI Tract acidification. Kidney detoxification. Toxic Bowel.
52	Multizyme	Proteolytic enzymes (pancreatin, fig, almond, pineapple) without HCL. Complete protein breakdown, Anti-parasitic enzymes.
53	Gastrex	Complex of Okra, montmorillonite clay and other absorbing, healing agents to soothe irritated GI tissue.

54	Zymex II	Source of proteolytic enzymes for digestion of intestinal parasites. Contains no HCL. Flatulence, Protein digestion.
55	Cataplex E	Promotes all cell repair. Increases tissue resistance to stress. Supports skin, muscles, ligaments, tendons. Specific support to cardio-vascular system. Anti-scarring, Pituitary imbalance, Sex hormone imbalances, Viral Infections.
56	Thymex	Stimulates healing and defense mechanisms against bacterial and viral infections. Stimulates general thymus immune response.
57	Bio-Dent	Supports bone, teeth, and related tissue structures. Protein, enzyme, mineral deficit.
58	Linum B6	Flax seed oil concentrate. Source of Omega 3 unsaturated fatty (especially linolenic) acid. Hair, skin, nail support.
59	Ferrofood	Blood building anti-anemia factors. Red Blood Cell building support. Iron deficiency, Anemia, Pregnancy.
60	Choline	Supports the Liver. Useful in Intestinal Colic, Intolerance to gas-producing foods, Nausea from fatty foods, Liver disease, Hypertension.