

# Yersinia Pestis

## The Plague

Severe outbreaks of the “Plague” has only occurred a few times in our history but the Bacteria Yersinia Pestis also referred to as Pasteurella Pestis has always been around. They talk like the bacteria that caused the plague during the middle ages was different than the bacteria that that we see today that commonly causes the plague in rodents and a few people each year. It is not the bacteria that has changed but the people that have it. During the Middle Ages public health was unheard of, nutrition was unknown and sanitation was non-existent in the poor population that lived in the country where the plague run ramped. But even in these areas during this time there were physicians that cured the plague with nutrition and public health. Why? Because a healthy body has no problem dealing with the Plague. And the plague is not as virulent or dangerous as the genetically engineered or altered bacteria and viruses that we are exposed to today such as Lyme or West Nile.

Today we have running water free of lethal pollutants and the most important advancement of all, the indoor toilet. I have been told by many specialists that if you want to thank someone for eliminating contagious diseases kiss a plumber. That along with the availability to eat fresh foods that have some quality nutrients and the knowledge that we need these to stay healthy and the Plague does not have the ability to kill 95% of the population today as it did in that time period.

Even though it is not a common primary source of infectious disease today it is still very common and anyone that has a compromised immune system as those with any chronic infection such as Lyme are vulnerable to secondary subclinical infections like the Plague. Whenever we treat a chronic case of Lyme disease it is very common for the Plague to show up a couple of months after the Lyme disease has resolved.

When this occurs most patients think that their original chronic infection has returned and the therapy failed to work. When in fact it is a sign that the original therapy worked very well and the body is now ready to correct the next subclinical infection in line for therapy. And if we do not see another bacterial infection come to the surface such as the Plague for treatment within a couple of months of treating Lyme disease we go back and see what else needs to be treated for Lyme. The reason for this is that if the chronic Lyme disease was fully resolved then the body will bring up the next bacterial infection to the surface for care. And when this does not happen we are quite sure that the original infection was not fully resolved just managed and put into a mild remission just like the other subclinical infections that exist in the body.

This is why we explain in detail exactly what will occur or what should occur. However this is so foreign to the way that most people understand health care and how the body works that it is very difficult for them to accept or understand.

Regardless you will find more cases of the Plague than you think and the following protocol should help any patient resolve this infection.

Dr. Gerry Graham III

