

## **TMJ Temporal Mandibular Joint**

The Temporal Mandibular Joint or Jaw Joint is the most innervated joint of the body. It is also one of the most complex joints as far as function in the body. When damaged it is one the most difficult joints to correct and it can cause not only local joint pain but significant neurological dysfunctions as well. If a patient is suffering from any neurological disease it can also significantly complicate that disease.

There are many methods of damaging or injuring the jaw joint and some are complex and perpetual. The most obvious method of injury is direct physical trauma. These cases are usually the easiest to correct as the injury was sudden and the function of the joint is usually still intact. Whiplash is another significant method of injuring the TMJ. When struck from behind the jaw opens incorrectly and too quickly, damaging the ligaments of the TMJ. After any whiplash injury the TMJ must be closely evaluated and treated.

The most common and devastating method of damaging the TMJ is dental changes. Either poor dental work or lack of dental work can change the position and motion of the jaw. It can also alter the position of the jaw as you chew placing much more stress on the joint during function that it should have. All cases of TMJ should be treated with the following protocol and should also be evaluated by a dentist trained in TMJ therapy.

Thank You

Dr. Gerry Graham III  
President: LazrPulsr System

# LazrPulsr Mk III Home Treatment Record ~ TMJ Protocol 10/29/15

Follow with General health procedures

Patient Name \_\_\_\_\_ Number \_\_\_\_\_

Day #1 ____/____/____ 100 min ____ #028 Neuro Health (50) ____ #028 Neuro Health (50) Run 2 times a day for 6 days (day 1)	Day #9 ____/____/____ 40 min ____ #023 Joint Health (20) ____ #023 Joint Health (20) Run 2 times a day for 6 days (day 3)	Day #17 ____/____/____ 60 min ____ #016 Emotional Stress (20) ____ #016 Emotional Stress (20) ____ #016 Emotional Stress (20) Run 3 times a day for 6 days (day 5)
Day #2 ____/____/____ 100 min ____ #028 Neuro Health (50) ____ #028 Neuro Health (50) Run 2 times a day for 6 days (day 2)	Day #10 ____/____/____ 40 min ____ #023 Joint Health (20) ____ #023 Joint Health (20) Run 2 times a day for 6 days (day 4)	Day #18 ____/____/____ 60 min ____ #016 Emotional Stress (20) ____ #016 Emotional Stress (20) ____ #016 Emotional Stress (20) Run 3 times a day for 6 days (day 6)
Day #3 ____/____/____ 100 min ____ #028 Neuro Health (50) ____ #028 Neuro Health (50) Run 2 times a day for 6 days (day 3)	Day #11 ____/____/____ 40 min ____ #023 Joint Health (20) ____ #023 Joint Health (20) Run 2 times a day for 6 days (day 5)	Day #19 ____/____/____ 28 min ____ #004 Structural Balance (14) ____ #004 Structural Balance (14) Run 2 times a day for 6 days (day 1) Or Physically adjust TMJ every day for 6 days
Day #4 ____/____/____ 100 min ____ #028 Neuro Health (50) ____ #028 Neuro Health (50) Run 2 times a day for 6 days (day 4)	Day #12 ____/____/____ 40 min ____ #023 Joint Health (20) ____ #023 Joint Health (20) Run 2 times a day for 6 days (day 6)	Day #20 ____/____/____ 28 min ____ #004 Structural Balance (14) ____ #004 Structural Balance (14) Run 2 times a day for 6 days (day 2) Or Physically adjust TMJ every day for 6 days
Day #5 ____/____/____ 100 min ____ #028 Neuro Health (50) ____ #028 Neuro Health (50) Run 2 times a day for 6 days (day 5)	Day #13 ____/____/____ 60 min ____ #016 Emotional Stress (20) ____ #016 Emotional Stress (20) ____ #016 Emotional Stress (20) Run 3 times a day for 6 days (day 1)	Day #21 ____/____/____ 28 min ____ #004 Structural Balance (14) ____ #004 Structural Balance (14) Run 2 times a day for 6 days (day 3) Or Physically adjust TMJ every day for 6 days
Day #6 ____/____/____ 100 min ____ #028 Neuro Health (50) ____ #028 Neuro Health (50) Run 2 times a day for 6 days (day 6)	Day #14 ____/____/____ 60 min ____ #016 Emotional Stress (20) ____ #016 Emotional Stress (20) ____ #016 Emotional Stress (20) Run 3 times a day for 6 days (day 2)	Day #22 ____/____/____ 28 min ____ #004 Structural Balance (14) ____ #004 Structural Balance (14) Run 2 times a day for 6 days (day 4) Or Physically adjust TMJ every day for 6 days
Day #7 ____/____/____ 40 min ____ #023 Joint Health (20) ____ #023 Joint Health (20) Run 2 times a day for 6 days (day 1)	Day #15 ____/____/____ 60 min ____ #016 Emotional Stress (20) ____ #016 Emotional Stress (20) ____ #016 Emotional Stress (20) Run 3 times a day for 6 days (day 3)	Day #23 ____/____/____ 28 min ____ #004 Structural Balance (14) ____ #004 Structural Balance (14) Run 2 times a day for 6 days (day 5) Or Physically adjust TMJ every day for 6 days
Day #8 ____/____/____ 40 min ____ #023 Joint Health (20) ____ #023 Joint Health (20) Run 2 times a day for 6 days (day 2)	Day #16 ____/____/____ 60 min ____ #016 Emotional Stress (20) ____ #016 Emotional Stress (20) ____ #016 Emotional Stress (20) Run 3 times a day for 6 days (day 4)	Day #24 ____/____/____ 28 min ____ #004 Structural Balance (14) ____ #004 Structural Balance (14) Run 2 times a day for 6 days (day 6) Or Physically adjust TMJ every day for 6 days

## Instructions ~ Warnings (NO DIET SWEETENERS! Not even Stevia)

Follow all Brochure recommendations for diet and nutrition.

### Nutrition: From Standard Process

Ligaplex I                    2 Caps 2 times a day for 2 weeks  
 Ligaplex II                    2 Caps 2 times a day for 2 weeks  
 Wheat Germ Oil              2 Perles 2 times a day for 2 weeks

This protocol has been effective in the reduction of symptoms of the TMJ