

Incorporating Natural Energy Medicine into your Practice. TMJ - Temporal Mandibular Joint

(Part 24)

The Temporal Mandibular Joint or Jaw Joint is the most innervated joint of the body. It is also one of the most complex joints as far as function in the body. When damaged it is one the most difficult joints to correct and it can cause not only local joint pain but significant neurological dysfunctions as well as many structural symptoms and imbalances. If a patient is suffering from any neurological disease TMJ can also significantly complicate that disease.

There are many methods of damaging or injuring the jaw joint and some injuries complex and perpetual. The most obvious method of injury is direct physical trauma. These cases are usually the easiest to correct as the injury was sudden and the function of the joint is usually still intact. Whiplash is another significant method of injuring the TMJ. When struck from behind the jaw opens incorrectly and too quickly, damaging the ligaments of the TMJ. After any whiplash injury the TMJ must be closely evaluated and treated as needed.

The most common and devastating method of damaging the TMJ is dental changes. Either poor dental work or lack of dental work can change the position and motion of the jaw. It can also alter the position of the jaw as you chew placing much more stress on the joint during function than it should have. All cases of TMJ should be treated with the TMJ protocol and should also be evaluated by a dentist trained in TMJ therapy.

Are you treating TMJ issues in your office? If you are not you should be because many of your patient's health issues are directly or indirectly related to TMJ dysfunction.

Dentists are looking for someone that knows how to manage TMJ issues from perspectives other than dental issues. Every provider should be looking for a relationship with a dentist that knows how to repair damaged dental bite issues. He should also know how to properly remove toxic fillings and understand the relationship between dental care and how it effects general health.

If you are not currently working with a quality dentist that is trained in TMJ dysfunction it is something that you should investigate immediately. They will be invaluable when treating some of your very complex patients.

Thank You

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